July 2021

# Golden Age Newsletter

1915 S. 18th St. Centerville, Iowa 52544 Phone 1-641 856-2757

## Nursing News:

Covid-19 Vaccine: It is our turn to roll up our sleeves and get Vaccinated.

The impact of Covid -19 has in some way effected our lives in some shape or form at home, work, activities, and freedom to do things once we loved.

The responsibility is ours to help keep our community and facility safe and Covid free and most of all STOP the spread of this Pandemic. IT TAKES EVERYONE.

Getting Vaccinated adds a layer of protection for our co-workers, loved ones and your families and is safe and effective.

All Covid-19 vaccines are now widely available through pharmacies, clinics, and local health authorities.

The most common side effects are pain in the arm, tiredness, headache, body aches, and fever and chills.

We as a facility are open to visitors, however we ask that you always wear a mask even if you are vaccinated, wash or sanitize your hands and screen in as you enter the facility every time you visit.

**Our thoughts and prayers go out to the family and friends of:**
**Victoria Rosencrants**
**Shelley Knowles**

Reggie Ward 17th

Mary McCoy 29th

**Activity Notes from Korie:**

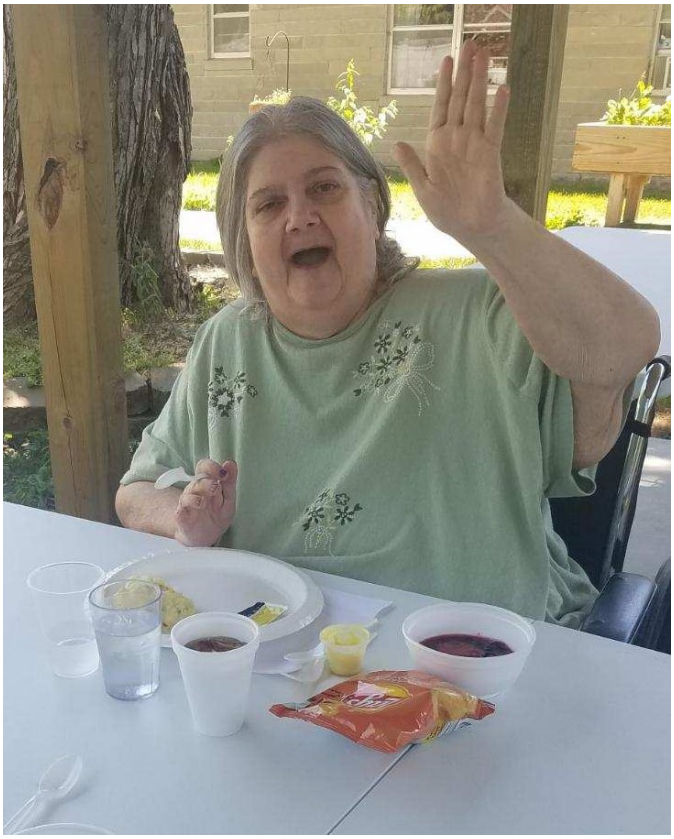
Happy July 4th! In July we will be doing a lot of outdoor activities. I cannot wait! We have picked a round of green beans and peas out of the garden. Do you know someone with a talent that they would like to share with our residents? We would love to have them. Just have them give me a call at 641-856-2757 and we will get them on the calendar.

Korie Salladay,
Activity Director

Just a couple pictures from our resident cookout last month. Everyone seemed to have a great time!!

Korie has many more fun activities planned for July.

Enjoying the summertime!!



Wishing everyone a happy and safe Independence Day!

Becky Oposnow,
Administrator

## Care Plan list for July

***July 8th***

**Leona**
**Michael**
**Norma**
**Loal**
**Reggie**

***July 22nd***

**Sara**
**Wayne**
**Henry**
**Shari**
**Helen**
**Linda C.**

***July 29th***

**Joyce**
**Eva**
**Barb C.**
**Sheila**
**Betty**
**Roger**

July wasn't the original name for the month. On the early Roman calendar, July was called Quintilis. Julius Caesar was born in this month, and the name was changed to Julius, or July, to honor him when he was alive. Julius Caesar made major reforms to the inaccurate Roman calendar, and his Julian calendar is still used in Eastern Orthodox Christian countries. The Gregorian calendar that exists today in the West is a slightly edited version of the Julian calendar.

July Headlines

July 2, 1937: Earhart Disappears in Flight over Pacific

July 1, 1943: U.S. Payroll Withholding Tax Kicks Off

July 27, 1953: Korean War Ends

July 6, 1957: First African American Wins Wimbledon

July 1, 1963: U.S. Begins Using Zip Codes

Golden Age
1915 S. 18th St.
Centerville, IA. 52544

Postage Information

Special Days
Canada Day
July 1
2021 Halfway Point
July 2 Independence Day
(U.S.) July 4
Bastille Day (France)
July 14
Full Moon (Buck Moon)
July 23
International Day of Friendship
July 30